

Confidential Client Intake and Informed Consent Form

Personal Information:

Name: _____ Today's Date w/ year: _____
Date of Birth: _____ Age: _____ Referred by: _____
Address: _____ City, State, Zip: _____
Home Phone: _____ Cell: _____ Email: _____
Emergency Contact: _____ Phone: _____
Reason and/or goal for today's visit: _____
Have you had a professional massage before? Yes No When was your most recent massage? _____
Are there any areas (e.g. feet, face) that you DO NOT want to be worked on? _____

Current Condition (if any):

Primary area of complaint: _____
Symptoms you are experiencing: _____
When and how did this condition develop? _____
Who have you seen for this condition (e.g. doctor/PT/chiropractor)? _____

Medical Information: (Please use the back of this form if you need additional space.)

List all medications and/or conditions you are currently taking medicine for: _____

Women only: Are you pregnant? Yes No If yes, when is your due date? _____

Please place an "X" next to any of the following conditions that apply to you now or in recent past:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Hernia | <input type="checkbox"/> Allergies/Sinus Issues |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Stroke | <input type="checkbox"/> Constipation | <input type="checkbox"/> Headaches/Migraines |
| <input type="checkbox"/> Circulatory Issues | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Spinal/Skeletal Problems |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Swelling/Edema | <input type="checkbox"/> Mental/Depression/Anx | <input type="checkbox"/> Hearing Impaired |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Dizziness or Fainting | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Vision Impaired |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Dislocated shoulder L/R |

☐ Infectious/Contagious Conditions: _____

☐ Surgeries, Accidents, or Injuries: _____

☐ Other: _____

Informed Consent and Waiver of Liability:

- Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions. I agree to keep the massage therapist updated as to any changes in my medical profile and understand that there shall be no liability on the massage therapist's part should I fail to do so.
- I understand that: 1) The massage therapy I am given is entirely therapeutic (stress reduction, relaxation, relief from chronic pain or muscular tension) and is non-sexual in nature. 2) A massage therapist neither diagnoses illness, disease, or other medical, physical, or mental disorders, nor performs any spinal manipulations. 3) The massage therapist will only work within the scope of her practice.
- I agree that if I experience any pain or discomfort during the session, I will immediately communicate this to the massage therapist so the pressure and techniques can be adjusted to my comfort level.
- I agree that all services rendered are charged directly to me, and I am responsible for payment at the time the service is provided.

Signature: _____

Date: _____